

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

VH Code 1012238

Teonis Mixed Spice Bite Sized Cookies 100g



Hand made cookies with mixed spice.

Ingredients: **wheat flour (gluten)**, [calcium carbonate (E170), iron, niacin (Vit B3), thiamin (Vit B1)], sugar, margarine (vegetable oils (palm and rapeseed oil in varying proportions), water, salt, emulsifier E471, natural vegetable colours - Annatto/Curcumin, natural flavouring), **oats (gluten)** (13%), golden syrup, bicarbonate of soda, mixed spice.

*Allergens listed in **bold**. Made in a factory that handles nuts.

Best before: see pack.

Nutritional Information:

Typical values per 100g	Carbohydrate	72.9g
Energy kJ	1889	of which sugars 40.8g
Energy kcal	452	Fibre 1.3g
Fat	15.9g	Protein 5.7g
of which saturates	7.1g	Salt 0.5g

Store in a cool dry place away from direct sunlight.
Suitable for vegetarians, GM free.
Free from hydrogenated fats.
Margarine made using only RSPO Certified Sustainable Palm Oil.
Made in the UK.
Teoni's Ltd, Devon. EX15 2FS
Tel: 01884 255033
www.teoniscookies.co.uk

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Net weight: **100g**

VH Code 1013885

nibnibs Cumin Big Minis 100g



CUMIN BREADSTICKS

Ingredients: **Wheat** flour (contains Calcium, Iron, Niacin, Thiamin), Durum **Wheat** Semolina, Extra Virgin Olive Oil (10%), Yeast, Sea Salt, Cumin Seeds (1%), Ground Cumin (1%), Rosemary Extract.

For allergens: Please see ingredients in **bold**
Suitable for vegetarians and vegans

Once opened store in an airtight container

Nutritional information	Typical values per stick	Typical values per 100g
Energy	35kJ 8kcal	1772kJ 420kcal
Fat	0.2g	11g
of which saturates	0.03g	1.7g
Carbohydrate	1.5g	73.1g
of which sugars	0.1g	2.5g
Fibre	0.1g	2.8g
Protein	0.2g	10g
Salt	0.03g	1.6g

VH Code 1014647

Moo Free Cinder Toffee 39 percent Cocoa Rice Milk Bar 80g



use natural, high quality ingredients including single origin, organic cocoa mass from plantations in the Dominican Republic. We hope that you love this bar as much as we loved making it.

INGREDIENTS: Organic cocoa [39%] (organic cocoa butter, single origin organic cocoa mass), organic raw cane sugar, organic rice powder [17%] (organic rice syrup, organic rice starch, organic rice flour), cinder toffee [13%] (sugar, glucose syrup, sodium bicarbonate), emulsifier (organic sunflower lecithin), natural flavouring. 87% of the agricultural ingredients are produced in accordance with the rules of organic production.

ALLERGEN ADVICE: Dairy, gluten & soya free. Made in a factory that handles nuts.

www.moofreechocolates.com

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www.moofreechocolates.com

Moo Free, 3 Kingfisher Units, Devon EX22 6HL, UK

NUTRITION INFORMATION

	Per 100 g	Per Bar
Energy	2306 kJ/553 kcal	1845 kJ/442 kcal
Fat	33 g	26 g
- of which saturates	20 g	16 g
Carbohydrate	61 g	49 g
- of which sugars	44 g	35 g
Protein	3 g	2 g
Salt	0.18 g	0.14 g

80ge



GB-ORG-02

Oloves Lemon and Rosemary Natural Green Pitted Olives 30g



VH Code 1012121

Mrs Bridges Red Pepper and Garlic Salsa 100g



VH Code 1013882

Melting Pot Vegan Handmade Fudge Chocolate Orange 90g



Orange & Chocolate Fudge

Best Before 01/03/20

Batch code 333A

Ingredients: sugar, rice drink (water, rice (14%), sunflower oil, sea salt, cocoa butter, golden syrup, glucose syrup, brown sugar, orange extract (rapeseed oil, orange oil), cocoa, salt.

Typical Values per 100g

Energy (kJ/kcal) 1299/307

Protein 0.2g

Carbohydrate 67.1g

of which sugars 63.3g

Fat 4.1g

of which saturates 2.3g

Sodium 0.08g

e 90g



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Ingredients: No milk

Ingredients containing milk

are handled in factory.

May contain traces of nuts.

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